

STEAMBOAT TODAY

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Women's March returns to Steamboat on Sunday

Matt Stensland
Steamboat Today

STEAMBOAT SPRINGS — Organizers believe there is more reason than ever to participate in the second annual Women's March on Steamboat Springs.

The inaugural, worldwide event on Jan. 21 was held the day after President Donald Trump was elected.

In Steamboat, it mobilized 1,000 people who marched peacefully down Lincoln Avenue while carrying signs and chanting.

"It was a great way for our community to come together and exercise our freedom of speech," organizer Helen Beall said. "It was that feeling of you can do something as a community. Bringing that to our community is important."

Participants will gather at 10 a.m. Sunday at Bud Werner Memorial Library and then march down the sidewalks along Lincoln Avenue.

The event will culminate with an 11 a.m. celebration at the Routt County Courthouse featuring live music, speakers and poetry.

Other Women's March events will be held throughout the country Saturday and Sunday.

"Last year was an amazing turnout of about 1,000 people, and there was so much energy and enthusiasm," said Millie Beall, who is also helping organize the local event. "And this goes across the nation. So many positive feelings that came out of that march."

It is not just women who are taking to the streets. Men and children are also asked to attend and bring signs.

"We're encouraging everyone to make a sign," Millie Beall said. "We want them to be

MARCH, 2

BASE AGLOW



MATT STENSLAND/STAFF

Hot air balloons light up the base of Steamboat Ski Area during the Balloon Glow on Sunday.

Man stuck on pass

Stranded snowmobiler spends night in Routt County backcountry

Matt Stensland
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STEAMBOAT SPRINGS — Routt County Search and Rescue volunteers were able to locate a snowmobiler Sunday morning who had to spend the night in the

backcountry after getting stuck.

The 51-year-old man is from the New Hampshire area but now lives in Steamboat Springs.

"That's why he wasn't real familiar with the area and the terrain," Search and Rescue Incident Commander Kristia Check-Hill said.

The man had started snowmobiling from Dumont Lake on Rabbit Ears Pass.

At about 2 p.m., the man called his nephew and said his sled was stuck on Buffalo Mountain under the power lines.

"And that's the last anybody heard from

him," Check-Hill said.

Because the man did not call 911, rescuers were not able to "ping" the cellphone to get his location.

The man had started snowmobiling in Grand County, and they sent a search team with six snowmobiles along with a deputy.

The Grand County team along with a six-member team from Routt County began the search Saturday evening, and they met up at Fish Creek Reservoir without finding the man.

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FOR WHEN LIFE IS CHAOTIC



Australian author Shannah Kennedy shares insight on creating balance in the modern age

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SPORTS & OUTDOORS



Olympic spots still outstanding for Steamboat athletes as qualifying finales approach

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SEARCH

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A Classic Air Medical helicopter was called to help, but it was unable to fly Saturday night because of the weather.

Rescuers resumed the search at 6 a.m. Sunday morning.

The Routt County team searched the area where they thought the man was most likely located.

Check-Hill said the deputy from Grand County informed more than 100

snowmobilers about the missing man. Shortly after 11 a.m., two snowmobilers found the man and called 911.

Classic Air landed to check on the man, and he refused medical treatment.

Rescuers helped free the man's sled, and everybody was out of the field at 12:40 p.m.

"He was OK besides being cold," Check-Hill said.

Overnight temperatures were in the mid-teens in Steamboat.

The man built a snow

cave for the night, was unable to start a fire and had limited supplies.

"He was not planning on being out all night so pretty much the bare minimum," Check-Hill said. "The learning point is don't go by yourself. Make sure your cellphone is charged and call 911 first so we can get a ping."

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AUTHOR

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get distracted, but a lot of times it's easier to play the blame game rather than taking responsibility for yourself and the situation you're in and how you want your mindset to be whether it's positive or negative.

We're wired for the negative and when we want to be great, magnificent, and when we want to love who we are and love our life, we need to rewire the brain to the positive.

We need to make the ordinary and make it extraordinary. We need to look for the good and not focus on the bad — to take responsibility instead of blaming

others or factors like the weather, economy, our parents or friends — we need to take that responsibility 100 percent. It's about giving yourself permission to do the things that make you really happy and being OK with that.

ST: If you've gotten off track, how do you get back on track?

SK: Always go back to the basics. Ask yourself what are your values. People will say 'I forgot about those.' 'Why am I doing all of these things that destroy my health or why am I doing a job that doesn't allow me to be happy or takes my energy or makes me miserable or no pathway that excites me?'

When you get right back in touch with the very few things important to human beings, which are loving who we are, looking after ourselves, knowing what we want to achieve, then we can pretty quickly get back on track. Life gets in the way sometimes, and that's OK. You can always get back on track.

Visit shannahkennedy.com to purchase her books or learn more about the author and life coach. Read more questions at SteamboatToday.com.

To reach Audrey Dwyer, call 970-871-4229, email adwyer@SteamboatToday.com or follow her on Twitter @Audrey_Dwyer1.

BE LOCAL



When I moved to Steamboat in 1993, I was shocked by how many people read the newspaper. In any community I've ever lived in, this was a unique thing for me. Now, I've picked up that habit of reading the paper every single day. I may read it on my computer or in print, but I make sure that every day I read it to see what's going on in the community.

Rex Brice
Owner of Steamboat Restaurant Group —
Rex's American Grill & Bar, Mazzola's Italian Restaurant, Big House Burgers Lil' House, the Laundry and Salt N' Lime.

Steamboat locals read the STEAMBOAT TODAY



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